

Technique We'll help you understand, and build, a swing that is truly the best movement for YOUR body!



Welcome to the GolfTEC Experience! GolfTEC is the nation's leading golf instruction provider with over 600,000 lessons given since our inception in 1995. GolfTEC merges traditional golf instruction with next-generation teaching tools for the ultimate golf lesson experience. Our industry-leading technology provides specific data on your golf swing that helps us develop a training program matched to your individual skill level.

From the moment you set foot inside a GolfTEC Learning Center you will understand why our technology, our teaching environment and our teaching professionals' expertise far exceed any other golf instruction program available today!

Philosophy

Our philosophy is simple: If you have fundamentally sound Technique, properly fit Equipment, and are in good physical and mental Condition you will play your best golf. Our PGA teaching staff create flexible, customized lesson programs, provide unparalleled service and support, and utilize the latest in swing analysis technology to provide the most comprehensive golf instruction available today. All of our instruction is fact-based - it is not an opinion of an instructor.

TEC

The TEC in GolfTEC is an acronym for the three components we feel are absolutely vital to helping any student play their best golf – Technique, Equipment and Conditioning.

Technique – if you build solid swing fundamentals you greatly increase your chances of hitting good shots. Technique is extremely important, especially to the golfer who plays golf less than once per week. Building strong swing mechanics will allow you to play less often, with better results, because you will trust that your swing will work even when you're not playing often.

Equipment – once you have built the proper swing fundamentals, fitting the right clubs to that swing will improve your distance and consistency dramatically. Tiger Woods would shoot low scores with almost any club you put in his hands, because his technique is extremely sound. He will shoot the best scores, however, with clubs that are perfectly matched to his swing – and so will you!

Conditioning – Probably the most overlooked aspect of good golf is conditioning. By improving both the physical and the mental conditioning components of your game you give yourself the greatest chance for success. By enhancing not only your strength, flexibility and stamina, but your mental outlook and game plan as well, you will be able to shoot lower scores than you've ever dreamed! GolfTEC teaching professionals are trained coaches who can provide you with mental game plan you need to play your best, and our Flexor conditioning program will help whip your body into playing shape!